



BETH ISRAEL HOSPITAL *Record*

HAPPY BIRTHDAY!



Pictured above celebrating his 70th birthday is Dr. Charles Wilinsky our Executive Director with his wife and his daughter, Florence. Joining in the occasion were department heads and other hospital friends. Tea, coffee and birthday cake were served and enjoyed by all. Vincent Godlesky, Purchasing Agent of the hospital for many years, representing the group, gave Dr. Wilinsky a special birthday present. This gift, a natural pearl stickpin, was given, in Mr. Godlesky's words "to restore Dr. Wilinsky's sartorial perfection," since he had lost the stickpin he wore for many years. Dr. Wilinsky's thanks for the gift are written below.

"I have waited for the first issue of the BETH ISRAEL HOSPITAL RECORD following the lovely birthday party given me by my associates at the Beth Israel Hospital to express my heartfelt thanks not only for the magnificent gift but also for their very warm expression of friendship.

"One is rich beyond words in being fortunate enough to be the recipient of such warm manifestations of goodwill, and I shall always treasure this evidence of regard. The beautiful pin presented to me is but a symbol of this fine relationship which I treasure very highly, and may I at this moment give my heartfelt thanks to each and everyone who contributed to make this occasion possible."

DR. CECIL SHEPS SELECTED AS NEW DIRECTOR OF HOSPITAL



CECIL G. SHEPS, M.D.

The Beth Israel Hospital announces the selection of Dr. Cecil G. Sheps as Executive Director, effective September 1, 1953. He will succeed Dr. Charles F. Wilinsky, the Executive Director of the Hospital since 1928.

Dr. Sheps is married and has a son, Samuel Barry. His wife is also a physician and was recently in charge of the student health program of North Carolina College. At present, she is teaching a course at the University of North Carolina, School of Social Science.

Dr. Sheps, a native of Winnipeg, Canada, is a medical graduate of the University of Manitoba; he holds the degree of Master of Public Health from Yale, and is a diplomate of the American Board of Preventive Medicine and Public Health.

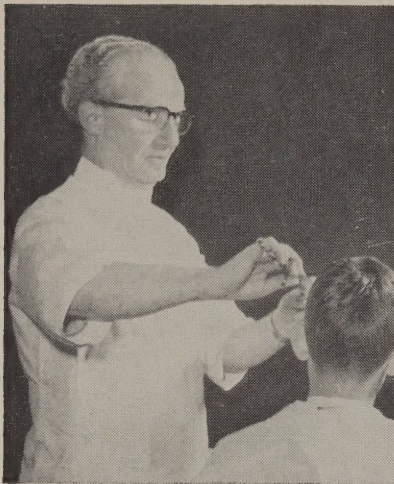
Since 1947, Dr. Sheps has been a member of the faculty of the School of Public Health of the University of North Carolina. At present, he is Director of Program Planning and Research Professor of Health Planning, Division of Health

Affairs, University of North Carolina, Chapel Hill, North Carolina.

Dr. Sheps served his internship and residency training in hospitals in Winnipeg and London, England. He engaged in general medical practice in western Canadian communities from 1939-1943 and served in the Canadian Army Medical Corps from 1944-1946. Dr. Sheps has served as a staff member of a number of health departments in Canada, including positions as Director of Youth Health Services, Manitoba Department of Health and Welfare, and acting Chairman, Health Services Planning Commission Department of Public Health in the Province of Saskatchewan.

He was awarded a fellowship by the Division of Medical Sciences of the Rockefeller Foundation in 1946-1947 to study medical care and social aspects of health problems at Yale University. In 1951 Dr. Sheps was awarded a traveling fellowship by the World Health Organization to study medical programs in Western Europe.

PERSONALITIES . . .



SAMUEL KRANETZ

Sam Kranetz may not be an employee of the hospital in the strictest sense, but he certainly is a well known figure throughout the hospital.

Sam has been a barber for a good many years. Thirty-eight of them were spent in his own shop in Malden Square. One might be considered well settled after such a number of years, but in 1940 Sam decided to come to BI and be the hospital barber. Perhaps he felt some duty to carry on here, as his brother had been the barber before him! At any rate, he did join us at that time and has now become a definite part of the hospital.

Sam cares for the needs of our patients as well as the house staff. Over the years he has watched many house officers complete their training and go on to become visiting physicians on the staff. Mail comes from all over the United States to Sam from former house officers.

Sam says his work is far from easy but that he really enjoys it, as he puts it "I take good care of the patients, and they're good to me."

The Beth Israel RECORD wishes Sam Kranetz many more happy years of association with the hospital.

BETH ISRAEL RECORD

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interest of

BETH ISRAEL HOSPITAL
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CHARLES F. WILINSKY, M.D.
Executive Director

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PAUL SHOWSTACK		<i>Photographer</i>

THE RECORD SHOWS

About To Be "Mr. and Mrs." Are:

Patricia Keith, Pediatrics Technician, and Dr. Charles Barlow. Unfortunately for us, after the wedding, Dr. and Mrs. Barlow will be settling in Chicago.

Alfred Leonard, X-Ray Student Technician, and Mary Wray. Miss Wray is a recent graduate of the Whidden Memorial Hospital School of Nursing. After their wedding on February 20th, Mrs. Leonard will join our Nursing staff as a nurse on the Obstetrical Service.

Now "Mr. and Mrs." Are:

Dr. George Kurland, Medical Research, and Bernice Johnson who were married on November 30th in Minneapolis, Minnesota.

Christine ("Tina") MacDougall, formerly of our Payroll Office, was married January 31st to Bernard J. Blaney and is living in Ayer where her husband is stationed with the Army at Fort Devens.

Patricia Joyce, Food Supervisor, became Mrs. Arthur Breinlinger on New Year's Day.

Bernice McAuley, Information Desk, to Paul Curran, Merchant Seaman on January 31st. After a honeymoon in New York City, Mrs. Curran will return to her job.

Seen Passing Cigars Out Were:

Robert Putnam, Cook in the Main Kitchen, who became a father for the second time to a son, John Joseph Putnam born on December 13th.

Dr. David Stahl, fellow in Oral Pathology, is proud papa of Susan Elizabeth born on January 29th.

To Dr. and Mrs. Arnold Berenberg also a daughter, Laurie Beth. Dr. Berenberg is Assistant Radiologist in our X-Ray Dept.

Uncle Sam has been borrowing a number of our employees lately: most recent additions are:

Robert Dolph, Pharmacy Helper, who elected to wear the Navy blue.

Arnold Crocker, Accounting Office, James Fenton, Maintenance, and Marshall Brown, Nursing, chose, or rather were chosen by the Army.

Among the many Christmas cards displayed in offices during the holiday season were noted colorful Japanese cards from Dr. Stanley Jacobs, formerly of our Surgical Service now in Korea. We can't help wondering how the Army is making out feeding Stan.

Also in Korea is Dr. Monte Malach, former resident in Medicine; his wife, the former Ann Glazer, is back on our Nursing staff.

We wish all service members a safe and speedy return.

The Record Welcomes

Mr. Walter Molander, who started recently as Office Manager in the Accounting Office.

Mr. John LaCortiglia who is now our Chief X-Ray technician.

New to the Dietary Dept. are: Elizabeth Quillard and Mary Ellen Collins. Miss Quillard is the new private service dietitian replacing Mrs. Mildred Fendell who left to await the arrival of her baby. Miss Collins is Dietitian in the Food Clinic; she received her Master's Degree from Tufts College in January.

From Here and There Comes Word That:

Chick Morrison is mighty busy these days since he has been made head of the Massachusetts Society of Medical Technologists.

May we wish a speedy recovery to our elevator operator, Irene May, who has been in the hospital following an accident.

The U. S. Army, Japan Logistical Command recently awarded the Commendation Ribbon with Metal Pendant to Dr. Phillip Troen for meritorious service from December 4, 1950 to May 26, 1952 while he served as Chief of Medical Service at the U. S. Army Hospital 816 3rd Army unit. With only two months prior military service Dr. Troen, then First Lieutenant, organized, developed, and supervised a medical service at this hospital which had an average admission of 174 per month as well as opening a surgical ward for battle casualties and supervising the care of military dependents. In addition to these and other duties cited, he wrote a paper on studies of an epidemic disease named K-8 fever. We wish to add our congratulations to Dr. Troen for his fine record.

PERSONNEL REMINDERS

BLUE CROSS — BLUE SHIELD

A new directive has been issued by Blue Cross allowing the changing of Blue Cross and Blue Shield plans from single membership to family plan membership at any time. However, we would like to remind all employees that the enrolling in Blue Cross or Blue Shield can only be done within the first two months of employment or thereafter at the anniversary date of our contract in August.

PERSONNEL RECRUITMENT

We want to thank employees who have referred their friends to us and to remind the readers that one of the most effective sources of recruitment of new employees is the group of applicants referred to the Personnel Office by you.

HEARTBEAT INDUCED BY ELECTRICITY

Considerable nationwide comment both in the press and on the radio came as a result of Dr. Paul Zoll's new method of heart stimulation. Dr. Zoll, a full-time member of the Medical Research Department, has been interested in this method for some time. Dr. Zoll introduced a new and simple method, using a machine called a "thyatron stimulator"—this machine to produce the missing heart beat.

The machine, a box the size of a table radio, can be plugged into any ordinary AC electric outlet. It converts the electricity into waves or impulses which can be varied in length, strength and timing.

The electric impulses are carried to the patient's heart muscle through hypodermic needles inserted into each side of the chest. Each pulse of current lasts one five-hundredth of a second. The shocks are given at rates ranging from 25 to 90 a minute—the later frequency a normal heart rate.

Doctors long have used a variety of methods for assisting the beat of a failing heart—by injection of stimulating drugs directly into the heart muscles, by pinching the heart or jabbing it with a needle, or by hand massage.

Of greatest importance is that any such effort must re-start the heart's pumping of blood within three minutes, or fatal damage results to the body. One of the advantages of Dr. Zoll's method is the speed and ease with which it can be started.

Dr. Zoll, associate in medicine at Harvard and chief of the Beth Israel Cardiac Clinic, was aided in his research by a grant from the National Heart Institute of the National Institute of Health, and by the hospital's Col. and Mrs. Louis I. Rosenfield fund.

VOLUNTEER NEWS

November, 1952, will go down in the records of Beth Israel as the month in which volunteers gave more hours of service than any other month since World War II. When the records had all been added up, it was found that 397 volunteers had given more than 5100 hours of their time. Fine work for which the hospital is indeed grateful.

This is the season of colds, flu and trips to Florida, so please bear with us if we can't answer your needs immediately. We are here to serve you, but we have our problems too!

A special note of thanks goes to the gracious volunteer hostesses and waitresses in the Coffee Shop for their continuing good work. The increased popularity of this spot is due in no small measure to their efforts.

PEDIATRIC DEPARTMENT

Dr. David Hsia has received a Playtex Park Foundation Fellowship Grant for three years.

Dr. Gellis spoke before the Buffalo, New York Academy of Medicine in January, 1953, and Dr. David Hsia spoke before the Baltimore Pediatric Society during the same month. Dr. Gellis also gave a talk at the Norfolk Medical Society in Boston in the same month.



B. I.'s SMALLEST BABY

This is the smallest of our more than 5,000 BI babies — John Edward Donegan, the son of Joseph and Catherine Donegan of Milford, Massachusetts.

On October 8, 1952, at 8:10 A. M. John arrived by Caesarian Section. He weighed all of 1 pound, 13 $\frac{3}{4}$ ounces at that time! He was immediately placed in our Emerson incubator to give him needed warmth, oxygen and high humidity. John Edward, small as he was, followed the usual practice with premature infants and was not fed anything at all for 48 hours. Then a very thin polyethylene tubing was inserted through his nose to his stomach to assist with his feeding. At first he received only minute quantities of lactose water. Gradually, this was increased, and he received more concentrated mothers milk. Just for good measure, and to get a good start, John was given vitamins and iron!

John Edward became quite a well known member of our "premie" nursery. He had a good pair of lungs and when he wanted attention, there was no doubt about it. However, on Christmas Eve after 77 days of care at Beth Israel, he tipped the scales at 5 pounds and 9 ounces and was permitted to go home.

Mrs. Donegan writes "May I thank you all at the Hospital for your kindness and interest in this case. You certainly did have a heart."

SOCIAL SERVICE AT B. I.

The social worker is a familiar figure to other employees of the Beth Israel Hospital. Her presence in the hospital indicates the recognition that Beth Israel gives to the patient as a person and to his need for help with the many personal problems that illness creates for him and his family. The social worker's main interest lies in assisting the patient to overcome the social obstacles that stand in the way of his making full use of the scientific medical services which the hospital offers him.

In addition to offering direct service to patients, the Social Service Department participates in the hospital's teaching programs by sharing its knowledge of the patient in his social setting with medical students, house staff, nurses, and dietitians in regularly-scheduled teaching conferences. The department also is used as a training center for both medical and psychiatric social work students from Simmons College and Boston University.

Working as part of the total medical team dedicated to helping each patient achieve his optimum recovery, the hospital social worker becomes acquainted with the patient as a person and learns the particular meaning that his illness holds for him. The problems that come to her attention are as varied as the patients who come to the hospital for care. To one patient hospitalization may mean that small children are left at home with no one to look after them. In such a situation, the social worker, after determining from the doctor how long the patient will need to remain the hospital, what the restrictions on her activity may be upon discharge, will get in touch with one of the community child care agencies to work out plans for the children's care. In another instance, the symptoms which bring the patient to the clinic may necessitate a change in employment or giving up work entirely. The social worker stands ready to assist the patient in understanding what his limitations are and in suggesting plans to him in line with his capacities. In still another situation, the patient may require an extended period of convalescent care in order to consolidate the gains made from hospitalization. The Social Service Department maintains a medical relief fund to enable patients, financially incapable of providing themselves with such care, to receive convalescent care as medically recommended. Last year the Social Service Department gave help to 2,138 patients and authorized the expenditure of \$6,669 for such medical relief items as camp care, dental work, housekeeping services, nursing, home and convalescent care and transportation.

NURSES NOTES

The Nursing Service has welcomed several new nurses to the staff since the last issue of this paper. The small January section that graduates soon assures us that 100% will return. They know how welcome they and these graduates of other schools are to the Beth Israel Hospital. St. Elizabeth Hospital graduates almost need a whole news column of their own.

On January 30th the Nursing Department lost Marion Praino, our secretary who has been with us since July 1948. She has been kind and helpful to everyone. While we in nursing feel the deepest affection for her, all others in the hospital like to work with Miss Praino. Needless to say, she is leaving to be married.

The students are carrying on an active program. Many of them are helping Mrs. Kotkov with her recruitment program and Doris Gilman, their president, gave a splendid talk to a group of high school teachers and their counselors who met at the Boston City Hospital on January 12th. Social life is always busy in the Nurses Residence. The students held a delightful holiday party on December 23rd. Students and graduates alike are enjoying the television set in the living room. We are especially grateful to our good friends in the Women's Auxiliary that it arrived before the Inauguration of President Eisenhower. We along with millions of others had the opportunity to see history in the making.

PSYCHIATRY DEPARTMENT NEWS

Dr. Gerald Caplan joined the staff of the Psychiatry Department in the Fall of 1952. Dr. Caplan comes from Israel where his most recent position had been Psychiatric Director, Lasker Mental Hygiene and Child Guidance Centre of Hadassah, Jerusalem. Dr. Caplan who has trained primarily in England, has had wide experience in the psychiatric aspects of maternal and Child Care and Public Health.

We have added two new U. S. Public Service fellows in Psychiatry:

Dr. Myron G. Sandifer joined our staff on December 1, 1952. Dr. Sandifer comes from the U. S. Naval Hospital, Camp Pendleton, California, and before his two years of service was a psychiatric resident for two years at the Yale Psychiatric Clinic in New Haven and served an internship and residency at Massachusetts General Hospital.

Dr. Benson R. Snyder joined our staff on January 1, 1953. Dr. Snyder comes from U. S. Air Force Hospital, Westover Field, where he was Chief of the Psychiatric Service for the past year.

WOMEN'S AUXILIARY NEWS

The Auxiliary offices are visited daily by dozens of loyal members who represent over 44 active committees which function efficiently throughout the year. These groups are usually represented by outstanding and capable chairmen, one of whom is the youthful and energetic leader of the 27th annual Luncheon and Musical Revue, Mrs. Efrem Weinreb. This important and exciting social event will take place at the Hotel Bradford. Luncheon will be served daily on April 20, 21 and 22, and on each afternoon an exciting musical revue, written by Lee Daniels, and entitled "Let's Join Hands" will be presented. A capacity attendance is expected, and if general enthusiasm and conscientious endeavor are barometers of success, it will be the greatest Luncheon sponsored in the unchallenged record of victory celebrations in the 25 years of the Auxiliary's existence. Tickets are \$10.00 — Sponsors \$15.00 — and Special Contributors \$25.00. An active drive is being conducted for a minimum of 200 new Life members. The money raised through this Luncheon will be used to refurbish the North Building which has not had any major repairs in a quarter of a century. We need to cubicle the wards. Painting must be done. Out-moded chairs, bedside tables and lamps must be replaced. Every new Life Member will make possible one new modern bed so necessary for the comfort and security of the patient. Life Membership is \$100.00 payable in three years. This original building, the first one built on Brookline Avenue, houses most of the wards and provides the facilities which gave approximately \$800,000 of free care to the sick poor who came to Beth Israel for treatment in 1951.

The Auxiliary extends a cordial invitation to Hospital personnel to lend its talents in working on any committee, whether it be in fund raising; typing; publicity, or joining the cast for the performance "Let's Join Hands" — members of the Auxiliary — all Volunteers and Hospital Personnel. Make this celebration of the silver jubilee of the hospital truly outshine all previous luncheons.

For further information call Mrs. Efrem Weinreb, DEcatur 2-1985. If you have a new Life Member, call the Auxiliary office. The officers of the 1953 luncheon are on list attached.

The living room of the Nurses' Residence has become a very busy social center and has probably been used more during the past few weeks than ever before. The Auxiliary's keen interest in the welfare of our graduate and student nurses is expressed through the Committees on Nurses' Library, Nurses' Post Graduate Scholarships, Student Nurses Scholarship Aid and Nurses' Recreation. The latest contribution to this important program was the purchase of a 21-inch console Westinghouse television set, made possible through the generosity of the Auxiliary and a group of friends in honor of the 75th birthday of Mrs. Etta B. Casson, an honorary director and active worker for two and one-half decades. The Auxiliary sincerely hopes that the television and its various programs will bring many cheerful social hours to all of our good ladies in white.

Mrs. Lester S. Morse, Chairman of the House Staff Officers Recreation Committee, deserves special thanks for her efforts in making this year's New Year's party better than ever.

